



Navigating the Minnesota Capitol Complex

Note that parts of the Minnesota Capitol Complex are under construction during the 2025 Legislative Session. Use this guide to understand how to best navigate temporary changes and ensure your organization’s voice is still heard at the People’s House.

Parking and Navigation

[Capitol Complex Map](#)



[Tunnel System Map](#)



[Metro Transit](#)



We recommend parking in Ramp F located behind the Department of Transportation Building off Rice Street.

There is also public (paid) parking and contract parking on upper levels, and street parking around the Complex.

Give yourself plenty of time to park and get to your meeting or hearing.

Be understanding of the security protocols, especially at Centennial.

Tunnel system is open to the public from 8:30am - 4:30pm. If you are a registered lobbyist use your badge to access tunnels beyond these hours.

When weather is nice, there are often food trucks along John Ireland Blvd.



[Visiting the Capitol FAQs](#)



[Hours for Capitol Complex cafeterias](#)

Meeting with Elected Officials: Important Reminders



[How to effectively meet with Minnesota State Legislators](#)

Meetings are appointment-only with elected officials. Email your member and their Legislative Assistant to schedule.

Check in at the front desk. A staff member will be sent to escort you to your meeting with the member.

Meeting may take place on a caucus members’ floor, in the cafeteria, in a reserved room, or other location the member chooses. A Representative may also ask to meet in the Capitol building if they are attending a hearing or floor session. Be flexible and understanding of space constraints.

Have literature for all members? For Reps, go to Centennial Front Desk and they will distribute. For Senators go to the Senate Sergeant At Arms, located in Senate Building G430.

Capitol Building | 75 Rev. Martin Luther King Jr. Blvd

All House committee meetings take place in the Capitol Building during the 2025 session.

The best entrance are the front doors (up many steps). For an accessible entrance, enter through the Senate Building and take the tunnel to Capitol Building.

Going from the Capitol to Centennial via tunnel? Follow the signs for the Judiciary Building, which will connect you to Centennial.

Capitol Basement: Rathskeller Cafe

Capitol 211: Chief Clerks Office, House Information (temporary)

Capitol 214: drop a note for members on the House floor during floor session

Capitol 230: Snack Bar

2nd Floor-right of Senate Chamber: drop a note for members of the Senate during floor session

Note: Many rooms on the Capitol Third Floor are no longer available to reserve, as they are being used by the House.

Senate Building | 95 University Ave W.

The newest building of the Capitol Complex is open to the public. You can go directly to the member's desk with or without an appointment. Each member's office is behind their Legislative Assistant's desk.

To the right of the Senate Chamber in the Capitol: drop a note for members on the Senate floor during floor session.

There are food + drink vending machines in the Senate tunnel near the entrance to the Capitol

Centennial Building | 658 Cedar St.

All House members' offices are in the Centennial Building while the State Office Building (SOB) is under construction. This building is shared with a number of other state tenants.

Going from Centennial to the Capitol via tunnel? Follow the signs for the Judiciary Building, which will connect you to the Capitol. Note the steep tunnel grade. Walk is 5-7 mins.

Floor 1: open to public. Includes cafeteria (great spot for meetings), a snack bar, and two reservable rooms. Tunnel access is on this floor.

Floor 2: home to House Republican caucus members (no public access without an appointment and staff escort).

Floor 5: home to House Democratic caucus members (no public access, without an appointment and staff escort).



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